

## Alpine Academy

### COVID-19: When to Stay Home & When to Return to School

- If the situation arises at home, email our manager, Caroline Ford, at [cford@eaglecreekacademy.com](mailto:cford@eaglecreekacademy.com), and keep your child home.
- If the situation arises at school, we will contact you to pick up your child within 30 minutes.
- This document includes COVID-19 information. For information about staying home in other contagious situations, refer to the family handbook on the forms page on our website.
- Isolation is the number of days the child stays home. Ex.: Close contact on January 1. Count 10 days of isolation from January 2 to 11. Return January 12.
- The school may change the guidelines on this page any time.

Situation	Description	When Student May Return
<b>Student has 1 of these symptoms</b>	100.4+ fever, chills, sore throat, cough, headache, fatigue, diarrhea, stomach ache, nausea, vomiting, congestion, runny nose, shortness of breath, difficulty breathing, new loss of taste or smell	In most cases: ~ No fever for 24 hours without meds ~ AND symptoms improving ~ AND isolate for 10 days after onset of symptoms  In some cases: ~ No fever for 24 hours without meds ~ AND symptoms improving ~ AND negative PCR COVID test on day 6 or later ~ AND isolate for 7 days after onset of symptoms
<b>Student tests positive for COVID-19</b>		~ No fever for 24 hours without meds ~ AND symptoms improving ~ AND isolate for 10 days after onset of symptoms
<b>Student has close contact with a person who tests positive</b>	Being within 6' for 10+ mins, hugging, kissing, eating with, being sneezed on, being coughed on, or sharing eating utensils with someone who tests positive	Isolate for 10 days after date of contact
<b>Student lives with a person who tests positive</b>		Isolate for that person's 10 days plus another 10 days
<b>Student travels outside the USA to a place the CDC labels risk level 3 or 4</b>	<a href="https://www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notices.html">https://www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notices.html</a>	Isolate 10 days after the day of return