

## When to Stay Home and When to Return to School

- Please communicate all situations to the office:
  - Alpine: Mrs. Caroline Ford, 248-814-1111 or [cford@myalpineacademy.com](mailto:cford@myalpineacademy.com)
  - Eagle Creek: Ms. Annalise Buehner, 248-475-9999 or [abuehner@eaglecreekacademy.com](mailto:abuehner@eaglecreekacademy.com)
- Symptoms of contagious disease: fever, chills, feeling hot, sore throat, cough, headache, stomachache, fatigue, lethargy, diarrhea, vomiting, congestion, and runny nose
- Close contact with a person who has tested positive for COVID-19 = being within 6 feet of that person within 48 hours of when that person started symptoms or tested positive.
- To return to school: follow the chart and have no fever for 24 hours without meds.
- The school may update these policies any time.

Situation	How to Count	Directions
<b>Child has 1+ symptoms of a contagious disease</b>	Day 0 = the day the first symptom started	Stay home. Take a COVID-19 test on day 2. If negative, return on day 2.
<b>Child has been in close contact with someone who has tested positive for COVID-19</b>	Day 0 - the day the child was in close contact	Stay home. Take a COVID -19 test on day 2. If negative, return on day 2.
<b>Child is living with someone who tested positive for COVID-19</b>	Day 0 = the day the positive person took the test OR the day that person's symptoms started (whichever was first)	Stay home. Take a COVID-19 test on day 6. If negative, return on day 6.
<b>Child tested positive for COVID-19</b>	Day 0 = the day the child took the test OR the day the child's symptoms started (whichever was first)	Stay home. Return on day 6.